

Ole! Nachos Serves 4 people

Shared meals are a great way to get together with friends and nothing says amigos! more than this super easy and tasty take on this traditional Mexican dish. Get your taste buds dancing!

Difficulty Level: Easy Prep Time: 5 minutes Cook Time: 18 minutes Total Time: 23 minutes

INGREDIENTS

- 300g corn chips
- 1 tbsp coconut oil
- 400g can black beans, rinsed and drained
- 400g can brown lentils, rinsed and drained
- 1 onion, diced
- 1 red capsicum, diced
- 400g can chopped tomatoes
- 2 cloves of garlic, crushed

HOW TO MAKE

- 1. Add the coconut oil to a hot frying pan with the garlic and onions and cook for 2-3 minutes until the onions are translucent.
- 2. Add the capsicum, canned tomatoes and taco seasoning, simmer for approximately 8-10 minutes or until the tomatoes have reduced.
- 3. Add the lentils and black beans and cook for 5 minutes to warm through.
- 4. Place a layer of corn chips on a serving platter or plate, followed by 2-3 serving spoons of the bean/lentil mixture, and a sprinkle of grated cheese. Continue layering in this way finishing with a bean/lentil layer on top. Place under a hot grill briefly to help melt the cheese.
- 5. Top the nachos with some more grated ZENZO cheese, the fresh chopped tomatoes, sliced jalapenos and drizzle with Zenzo Sour Cream.

OPTIONAL

Try adding a cup of sweetcorn to this mix or some raw red onion, finely diced, for some extra bite! Add a sprinkle of fresh lime juice for a truly authentic Mexican pop of flavour!



- 1 pack of taco seasoning mix
- 1 fresh tomato, diced
- 1 tbsp sliced jalapenos or green chilli 150g ZENZO Cheddar (choose from Original, Garlic & Herb, Cumin Seed or Smokey Paprika), grated
- 2 tbsp ZENZO Dairy-free Sour Cream

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